



Vivekananda Education Society's Institute of  
Technology



# VESIT SPORTS COUNCIL

*Presents*

# KRIDANGAN



2021



# STAFF IN-CHARGES



**MR. YOGESH PANDIT**  
Assistant Professor  
ETRX Department



**DR. SHIVKUMAR GOEL**  
Head of Department (HOD)  
MCA Department



**MRS. KAJAL JEWANI**  
Assistant Professor  
CMPN Department



**MR. MAHESH SINGH**  
Assistant Professor  
H&AS Department

# EDITOR'S NOTE



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## STAFF IN-CHARGES

MR. YOGESH PANDIT  
DR. SHIVKUMAR GOEL  
MR. MAHESH SINGH  
MRS. KAJAL JEWANI

## EDITOR & DESIGNER SPORTS COUNCIL

This year was a one-of-a-kind year, to say the least. The sports council was primarily responsible for organizing Indoor and Outdoor Sphurti, as well as the Vesit Premier League and Vesit Cricket League, until last year. We used to be frantically running from place to place, making all of the necessary ground arrangements and witnessing thrilling games. It was different this year, though. We were confined to our homes, and as athletes, we don't like to sit around at home doing nothing. As much as I dislike the fact that Sphurti did not happen, I am glad that we were able to come up with a lot of new event ideas and put them into action. Being an ex-council member, I was really looking forward to being in a leadership position this year and take Sphurti to the next level. But things changed, and I must say that we took advantage of the paradigm shift. We initially believed that our options were limited and that there was nothing we could do this year in terms of events. I was not pleased at all given the situation nowadays, but I owe a debt of gratitude to my council who never failed to inspire me and never let me down. I believed in them as much as they did in me. At first, switching to an online event management system was a pain. We all got the hang of it eventually. Despite the fact that we were not on the ground, we were able to create new events from the scratch and host the first-ever online mega sports event in VESIT, i.e, Urja. I'm glad we didn't give in to the pressure and instead worked harder to provide the best events possible for all students. I am extremely grateful to all of the faculty in-charges for their unwavering support since the beginning.



**Archita Malgaonkar**

Sports Secretary

2020-21



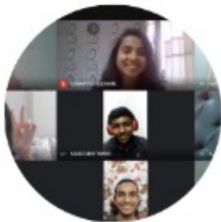
**Workout Session**



**Yoga Session**



**INVINCIA**



**FE Induction**



**Urja**

# SPORTS IN-CHARGES

2020-2021

CLASS	NAMES
D1AD	Sahil Parab Janhavi Khanvilkar
D1E	Riyansh Jain Ruchita Dolas
D2A	Figo Cardozo Shruti Dalvi
D2B	Chirang Panjwani Deanna Fernandes
D2C	Divesh Mangtani Sanjana Bhojwani
D3	Ishaan Jukar Shriya Naik
D4A	Harsh Ranjan
D4B	Arya Hirlekar Bhoomi Gupta
D5A	Aseem Kulkarni

# SPORTS IN-CHARGES

2020-2021

CLASS	NAMES
D5B	Kedar Gowhankar Kesar Assudani
MCA1A	Rahul Mishra Akansha Rai
MCA1B	Ritik Gupta Jagruti Lilhare

# SPORTS IN-CHARGES

2020-2021

CLASS	NAMES
D6	Vineet Bhole Phalguneshwari Borikar
D7A	Abhishek Patwardhan Shreya Hegde
D7B	Piyush Nihalani Riya Shukla
D7C	Saurabh Bera Bhavika Chattani
D8	Rutvik Vedak Shrushti Gharat
D9A	Mohit Sajeevan Gargi Khanvilkar
D9B	Variyaksh Katti Janhavi Bhutki
D10A	Aaditya Moykhede Janhavi Mhatre
D10B	Rajat Singh Sristi Sharma

# SPORTS IN-CHARGES

2020-2021

CLASS	NAMES
D11A	Akshay Patil Shrishti Sharma
D11B	Prathamesh Parab Archita Malgaonkar
D12A	Omkar Mane Sejal Budhani
D12B	Sanket Jangle Arya Telavane
D12C	Chinmay Waykole Anjali Badlani
D13	Rohan Panchal Aditi Zhankar
D14A	Yusuf Kulkarni Dishika Kishani
D14B	Aniket Ingle Nikita Joshi
D15	Aryan Raina Manju Paryani

CLASS	NAMES
D16A	Vaibhav Bagul Simran Mayekar
D16B	Tanmay Kothale Pranjali Thorat
D17A	Anuraj Bhosale Manasee Palsule
D17B	Kalpesh Bhole Tammanna Saini
D17C	Bhavesh Mangnani Sanjana Ahuja
D18	Jayesh Korgaonkar Diksha Mishra
D19A	Abhishek Badhe Ananya C.V.
D19B	Dhananjay Teli Anjali Patil
D19C	Devendra Bhavsar Mithali Joshi

# SPORTS IN-CHARGES

2020-2021

CLASS	NAMES
D20	Yash Marke Narayani Patil
MCA2A	Nikhil Nair Komal Dombre
MCA2B	Adarsh Sawant Siddhi Thakur
MCA3A	Drupesh Indap Priyal Danani
MCA3B	Chetan Gupta Nupur Parab

*Take risks in your life...  
If you Win, You can lead!  
If you Loose, You can guide!*



*- Swami Vivekananda*

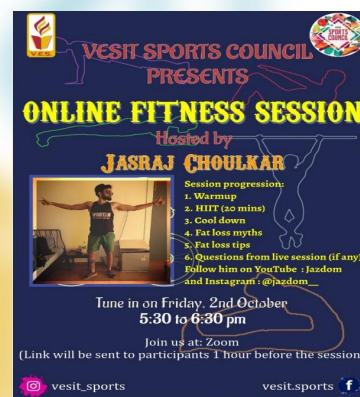
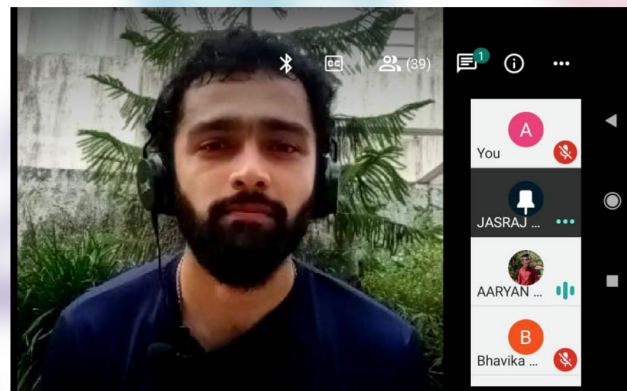
# Workout Session

'Online Fitness Session' was held on 2nd October 2020. The session was held by Jasraj Choulkar, a student from VESIT (ETRX 2016-2020). The event was conducted on Google Meet.

The event had 6 phases:

- 1) Warmup
- 2) HIIT(20 mins)
- 3) Cool down
- 4) Fat loss myths
- 5) Fat loss tips
- 6) Questions from participants

A registration link of google form was sent to all classes via Whatsapp on 29th September. The link for the Fitness session was sent via mail to all the registered participants. A total of 105 students registered for the session out of which 64 students attended.



The Fitness session started exactly at 5.30 pm as planned. The session started with the introduction of Host Jasraj Choulkar by Archita Malgaonkar (Sports Secretary). The Host started the session with warm up followed by a HIIT workout. After cooling down he educated the participants about the role of food, water, sleep, mental health and immunity in the maintenance of physical fitness. He also cleared all the fat loss myths and gave the best fitness strategy.

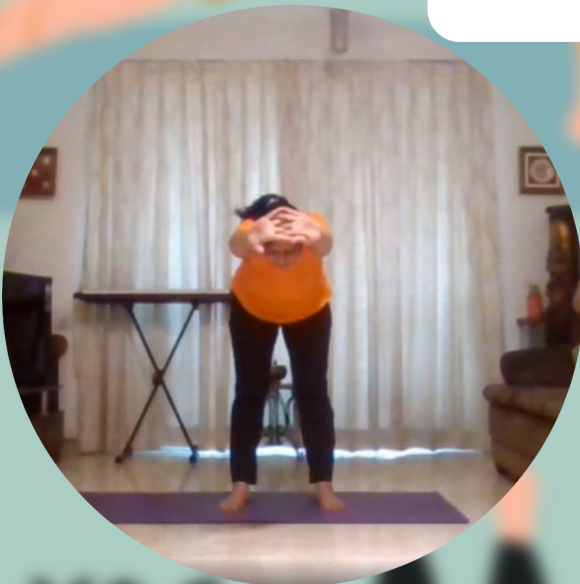
He also answered all the queries of participants by answering the questions (a google form for the same was sent). The session had an overwhelmed response and was extended for another 20minutes.

Feedback form was sent at the end of the session which received positive responses.

# Yoga Session



LET THE BEADS  
OF LIFE GET  
CONNECTED WITH  
THE THREAD OF  
YOGA !!



YOGA

# Yoga Session



*The fundamental purpose of yoga is to foster harmony in body, mind, and environment. Yoga professes a complete system of physical, mental, social and spiritual development.*

*We, the SPORTS COUNCIL, took the initiative to educate our fellow collegemates about the health benefits of yoga. All the students were invited for the yoga session.*

*The yoga session was organised on 18th October 2020.*




Shanti Paath

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om purna mada purna midam  
Purnaat purnam udachyate  
Purnasya purnam adaaya  
Purnam eva vasishyate  
Om shanti shanti shantih"

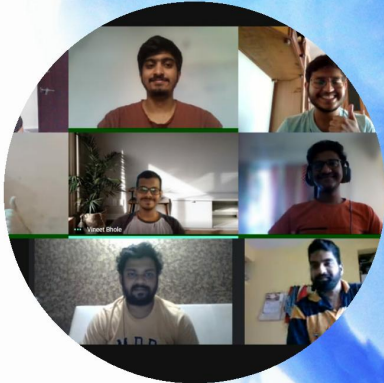
**Meaning:**

1. Om, That (Outer World) is Purna (Full with Divine Consciousness); This (Inner World) is also Purna (Full with Divine Consciousness); From Purna comes Purna (From the Fullness of Divine Consciousness the World is manifested).
2. Taking Purna from Purna, Purna Indeed Remains (Because Divine Consciousness is Non-Dual and Infinite).
3. Om Peace, Peace, Peace.

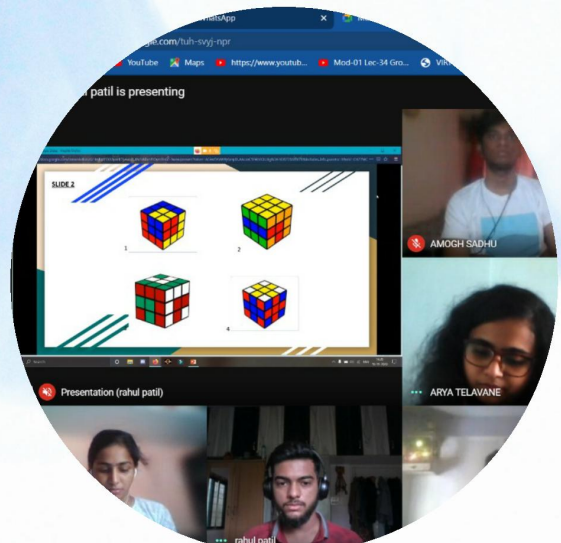
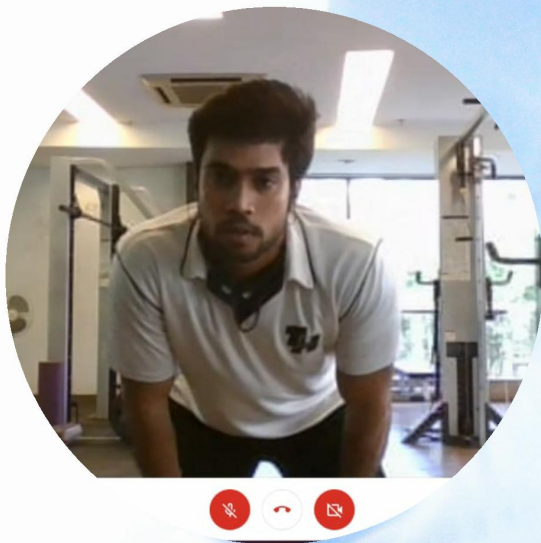


*Mrs. Pallavi Pawar led this session, in which she educated us about yoga and its benefits for mental wellbeing. She gracefully performed numerous yoga poses in front of us, and the students imitated the same. A power point presentation detailing the benefits of yoga was shown to the students.*

# Invinicia



*Some people want it to Happen...  
Some people wish it would Happen...  
Others Make It Happen!!*

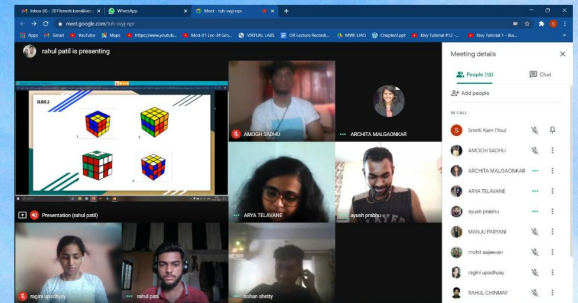


# Invincia

The VESIT STUDENT COUNCIL for the very first time introduced an online Mega event called 'INVINCIA '20', under which all the councils contributed their events. It was a five day event from 18th of November 2020 to 22nd November 2020.

The events conducted by Sports Council in Invincia were:-

1. Football Freestyle
2. Rubik's Cube
3. 2048
4. Guess It
5. Pictionary
6. Cricket Ball Tapping
7. Football Juggling
8. Badminton Wall Tapping
9. Fitness Session
10. Chess for Charity
11. Valorant



Council members assigned to particular sports-

RUBIK'S CUBE: Smriti, Chinmay, Rahul, Adarsh, Mohit, Manju

2048: Bhavika, Phalguni, Aadiya, Adarsh, Janhavi, Arya

GUESS IT: Adarsh, Mohit, Prathamesh, Rahul, Phalguni, Aadiya

PICTIONQRY: Manju, Gargi, Arya, Bhavika, Smriti, Chinmay

CRICKET BALL TAPPING: Aaryan, Gargi, Adarsh, Bhavika

FOOTBALL JUGGLING: Rahul, Chinmay, Prathamesh, Mohit

BADMINTON WALL TAPPING: Phalguni, Smriti, Manju, Aadiya

FITNESS SESSION: All council members

CHESS FOR CHARITY: Aaryan, Chinmay

VALORANT: Rahul, Chinmay



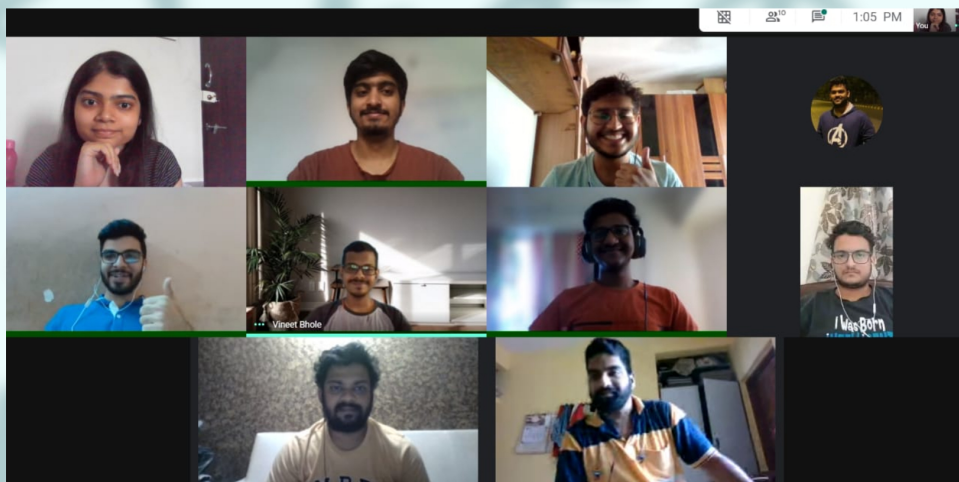
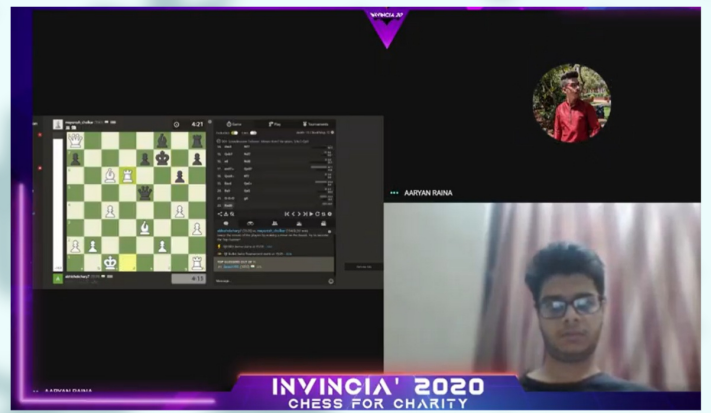
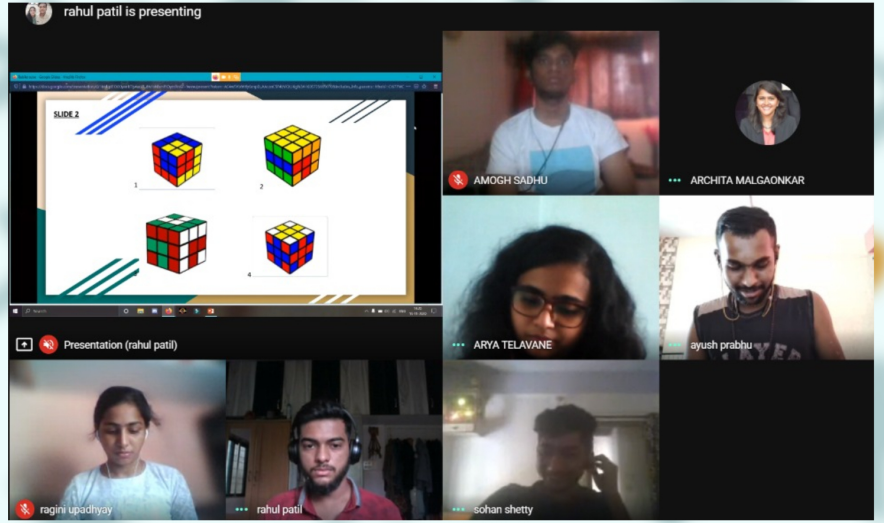
# Invinicia

## WINNERS LIST

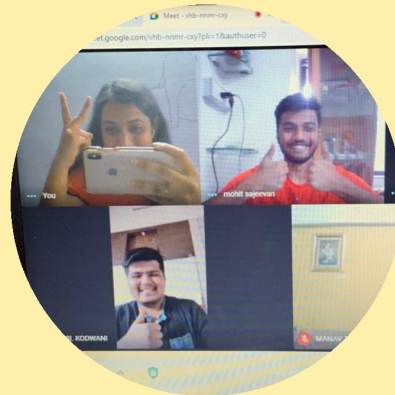
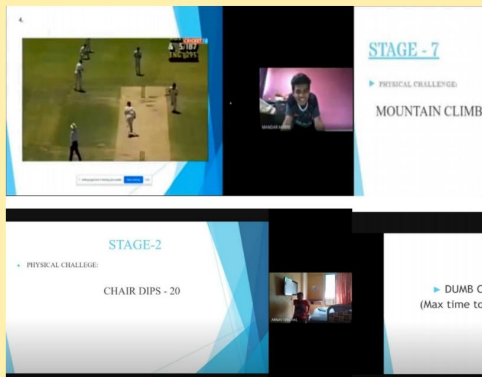
SPORT	WINNER	1 <sup>ST</sup> RUNNER-UP	2 <sup>ND</sup> RUNNER-UP	3 <sup>RD</sup> RUNNER-UP	QUATER FINALIST
FOOTBALL FREESTYLING	Mayur Jaisinghani (CMPN)	Chinmay Prabhughate (ETRX)	--	--	--
RUBIK'S CUBE	Aditya Ganesh (INST)	Samarth Selwani (EXTC)	Amogh Sadhu (INST)	V. Anuparvathi (EXTC)	Manish Sonje (EXTC)
2048	Piyush Kataria (CMPN)	Aditya Dubey (INFT)	Gauri Mahajan (CMPN)	Manasvi Patwa (CMPN)	Kapish Madhwani (CMPN)
FICTIONARY	Yugandhara-Omkar (INST)	Tanuja-Kartiki (INST)	Nishant-Shravani (EXTC)	Gurudutt-Kunal (CMPN)	Shreeja-Shreyas (CMPN)
GUESS IT	Rutvik and Team (INST)	Prashant and Team (MCA)	Anmol and Team (CMPN)	--	--
CRICKET BALL TAPPING	Jaskaransingh Khalsa (EXTC)	Manish Patil (INST)	Keshav Patta (MCA)	Chinmay Prabhughate (ETRX)	Abhishek Rane (ETRX)
FOOTBALL JUGGLING	Mayuresh Jaysinghani (CMPN)	Chinmay Prabhughate (ETRX)	--	--	--
BADMINTON WALL TAPPING	Aditya Ajay Singh (ETRX)	--	--	--	--
CHESS FOR CHARITY	Abhishek Chary (INFT)	Mayuresh Cholkar (INST)	Aishwarya Patange (EXTC)	--	--
VALORANT	Nagesh Nayak and Team (INFT)	Rahul Motwani and Team (CMPN)	--	--	--

# Invincia

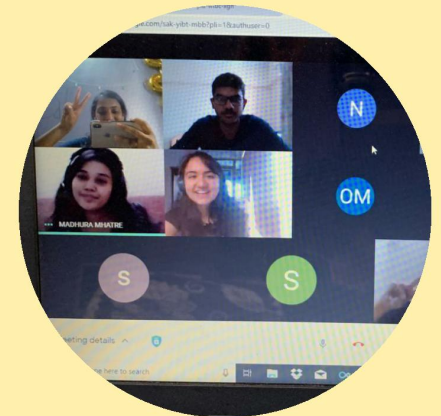
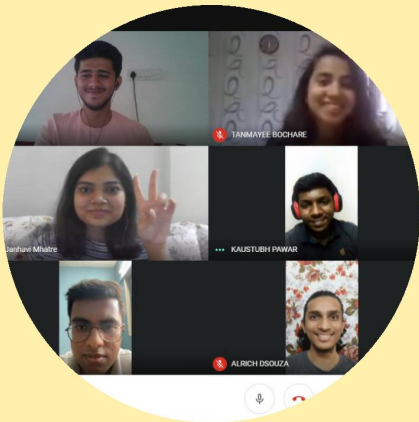
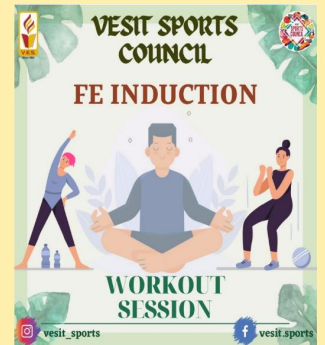
## MEMORIES



# F. E. Induction



*Induction for  
deduction with a  
view of construction!*



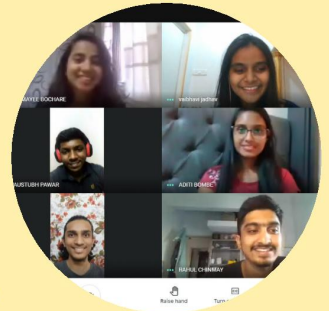
# F. E. Induction

VESIT organized an induction program for FE's to help them adjust to their new life as emerging Engineers.

VESIT SPORTS COUNCIL also helped out by hosting several activities for the freshers.

## SPORTS HUNT-

The event was started by Sports Secretary, Archita Malgoankar by welcoming and explaining rules to all FE's. Around 30-35 students participated from each class. The Sports Hunt was divided into 8 stages. Every stage consisted of physical activity such as burpees, toe touches, pushups, crunches, chair dips, jumping jacks, mountain climbers, and squats along with a fun game such as guess the equipment, riddles, dumb charades, guess the emoji, guess the player, guess the voice and guess the moment. Random students were put together forming teams of 8 and were distributed into separate Google Meet links where they were further guided by two moderators of the Sports team. Each student had to perform one physical activity and the fun games were discussed among the group, which increased their interaction among themselves and seniors. After completion of the first stage students were allowed to move to the next stages. At the end students were told about how much total time they took and their errors or mistakes by respective moderators.



## WORKOUT SESSION-

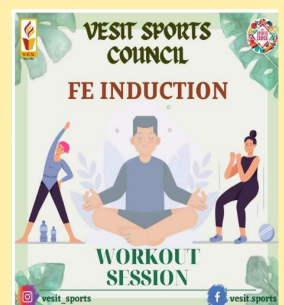
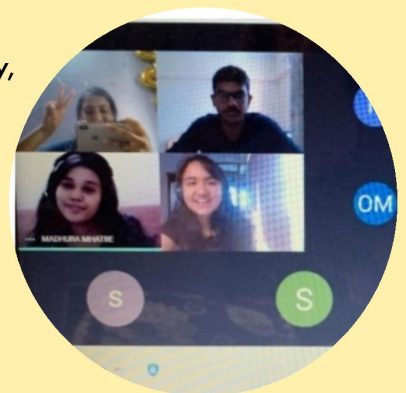
The Workout Session was conducted on the 2nd day of FE Induction i.e. on 10th February.

Around 60-70, FE's attended this session. The session was started by Sports Secretary, Archita Malgoankar welcoming all the FE's in the session. The Workout Session consisted

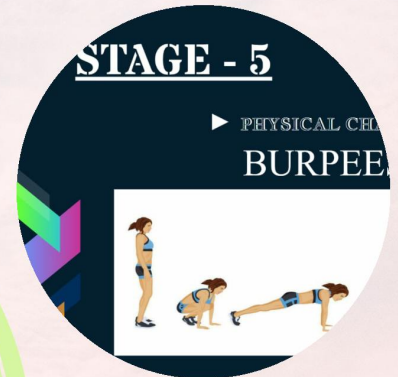
of 3 parts. First being warm-up, then 6 exercises such as

- Burpees
- Lunges
- Jumping jacks
- Shoulder taps
- Plank
- Squats

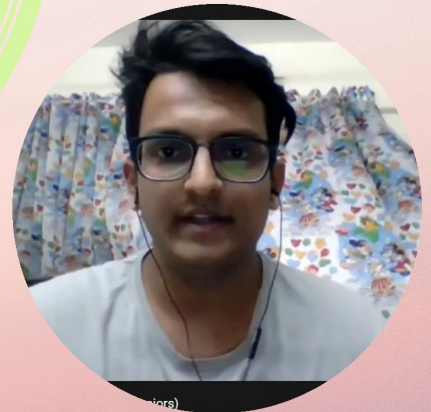
Every student was asked to perform the exercise with the moderators. The warm-up consisted of basic dynamic stretching, and later 2 sets of each exercise were performed. Before each set, moderators explained the right form and range of motion of each exercise. Towards the end, moderators had a little Q&A session with FE's where general questions regarding diet, fitness, sports equipment in college were discussed. This session made FE's comfortable with the environment of the college and with the seniors. The meet was concluded by the Sports Secretary by thanking all FE's for participating in the Workout Session.



# Urja 2021



*Trophies are a flow of victories. Only your participation is requested to excel in it!*



# Urja 2021

On the 15th of March, 2021, the SPORTS COUNCIL's even semester event, "URJA 2021", began. Honorable staff in-charges, HOD of Humanities and Sciences Department, Mr. Vivek Umrikar, VESIT sports in-charges, Mr. Yogesh Pandit, Dr. Shivkumar Goel, Mr. Mahesh Singh, Mrs. Kajal Jewani and other VESIT STUDENT COUNCIL members attended the inauguration ceremony, which was also streamed live on youtube for other students of college to put on an appearance in the same.



☆ URJA 2021 featured the below mentioned games -

● For SENIORS (S.E, T.E and B.E) :

1. Valorant
2. COD Mobile
3. Chess
4. Pre- Match Presentation
5. Sports Hunt

● For JUNIORS (F.E) :

1. Valorant
2. COD Mobile
3. Chess
4. Pre-Match Presentation
5. Tapping



SPORTS HUNT  
All council members

PRE-MATCH PRESENTATION  
Aaditya Moykhede

TAPPING  
Prathamesh Parab, Aaditya Moykhede, Adarsh Sawant, Manju Paryani

For each sport, some council members were assigned to oversee the event's smooth execution.

VALORANT  
Chinmay Waykole, Rahul Patil, Janhavi Mhatre

COD MOBILE  
Rajat Singh, Mohit Sajeevan, Archita Malgaonkar

CHESS  
Smriti Karn, Bhavika Chattani, Gargi Khanvilkar, Phalguneshwari Borikar, Aaryan Raina, Arya Telavane

# Urja 2021

For the first time in the college event, these above mentioned games were included in the e-sports category. All the games went off without a hitch and were completed with a strong participation of our enthusiastic players.

One of the most intriguing events organized by the VESIT SPORTS COUNCIL came to a fruitful conclusion on 3rd April, 2021.

Overall winners of URJA 2021 on the basis of points each class achieved in every game.

## Juniors

Winner

D1AD

Runner-up

D2C

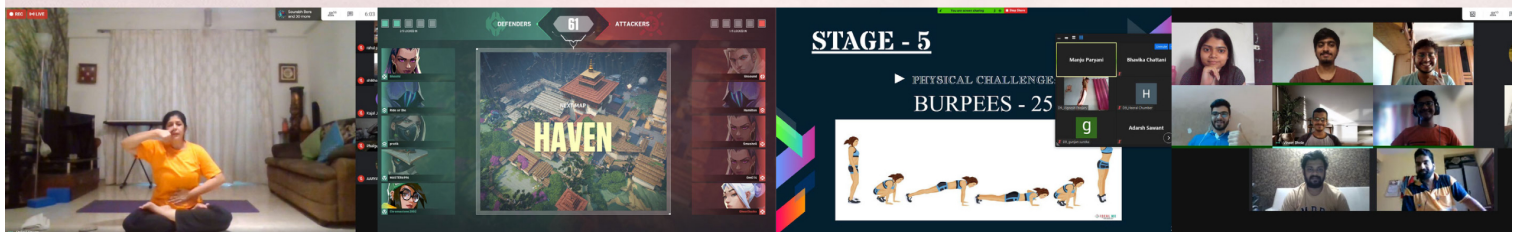
## Seniors

Winner

D10

Runner-up

D14



*People who are willing to go longer, work harder, and give more than anyone else are the ones who are proved as winners at the end.*

# Urja 2021 (Seniors)

## WINNERS LIST

### SPORTS HUNT

Position	Name	Class
WINNER	Jayesh Patil	D10
	Kristy Makhija	
	Sahana Shetty	
	Sanjana Prakash	
	Rahul Nailwal	
	Ketan Bhalerao	
	Yash keswani	
	Ashish Shinghade	
1ST RUNNER- UP	Raj Kadam	MCA2B
	Priyanka Surve	
	Prashant Trivedi	
	Keshav Patta	
	Hrutik Chaudhari	
	Siddhi Thakur	
	Abhishek Rajpurohit	
2ND RUNNER- UP	Nikita Joshi	D14
	Mansi Kasar	
	Priyanka Pathak	
	Deepak Dhumal	
	Avinash Tripathy	
	Shardul Khot	
	Sameer Nimse	
	Aniket Ingle	

# Urja 2021 (Seniors)

## WINNERS LIST

### PRE- MATCH PRESENTATION

Position	Name	Class
Winner	Adarsh Sawant	MCA2B
1st Runner Up	Manish Patil	D13
2nd Runner Up	Rahul Kulkarni	D9
	Avinash Tripathi	D14

### CHESS

#### GIRLS-

Position	Name	Class
Winner	Vaibhavi Jadhav	D10
	Namrata Kataria	
	Nidhi Thakkar	
Runner- up	Madhumita Menon	D14
	Dishika Kishnani	
	Malvika Anoop	

#### BOYS-

Position	Name	Class
Winner	Aniket Ingle	D14
	Sahil Salian	
	Shardul Khot	
Runner- up	Nishant Pathare	D9
	Rohan Giri	
	Shravan Shanbhag	

# Urja 2021 (Seniors)

## WINNERS LIST

### COD MOBILE

Position	Name	Class
Winner	Khushi Makhijani	D12C
	Ian Sequeira	
	Arnav Bagchi	
	Sanket Chaudhary	
	Daksh Ramchandani	
Runner ups	Sahil Shewale	D13
	Atharva Dhobe	
	Gaurav Patil	
	Sanket Thikade	
	Ashish Adhikari	

### VALORANT

Position	Name	Class
Winner	Aamir Ansari	D10
	Shubham Katke	
	Keshav Parpyani	
	Atharva Sawant	
	Chinmay Thakur	
Runner Up	Chinmay Mhatre	MCA2A
	Omkar Patil	
	Ambar Kambli	
	Siddhesh Dhamanaskar	
	Kevin Abraham	

# Urja 2021 (Juniors)

## WINNERS LIST

### CRICKET TAPPING

Position	Name	Class
Winner	Swaraj Shashikant Patil	D1E
Runner- up	Avinash Srivastava	D1AD

### FOOTBALL JUGGLING

Position	Name	Class
Winner	Divesh Mangtani	D2C
Runner- up	Soham Jadiye	D1AD

### PRE- MATCH PRESENTATION

Position	Name	Class
Winner	Ishaan Jukar	D3
1st Runner Up	Mukul Kolpe	D5
2nd Runner Up	Rahul Mishra	MCA1A

# Urja 2021 (Juniors)

## WINNERS LIST

### CHESS

#### GIRLS-

Position	Name	Class
Winner	Deanna Fernandes	D2
	Namrata Avhad	
	Shruti Dalvi	
Runner- up	Aditi Mishra	D1E
	Hrutuja Mestry	
	Sonal Shinde	

#### BOYS-

Position	Name	Class
Winner	Govind Tiwari	D1AD
	Siddhant Dongre	
	Om Gaydhane	
Runner- up	Yash Tembre	MCA1A
	Atharva Kale	
	Rahul Mishra	

# Urja 2021 (Juniors)

## WINNERS LIST

### COD MOBILE

Position	Name	Class
Winner	Krish Mehta	D2
	Kaustubh Kharche	
	Denzil Nelson	
	Yash Sahane	
	Vivek Balani	
Runner ups	Aseem Kulkarni	D5
	Akash Choughule	
	Mikil Lalwani	
	Sarvesh Patil	
	Krish Jakharia	

### VALORANT

Position	Name	Class
Winner	Yash Sarang	D1AD
	Sahil Parab	
	Manav Pahilwani	
	Om gaydhane	
	Faayez Muhammad	
Runner Up	Bhoomi Gupta	D4
	Atharva Kale	
	Pratik Patkar	
	Yash Chavan	
	Atharva Petkar	

# Sports Council 2020-21



## STAFF IN-CHARGES

Mr. Yogesh Pandit  
Mr. Shivkumar Goel  
Mr. Mahesh Singh  
Mrs. Kajal Jewani

## VOLUNTEERS

Rahul Patil (D8)  
Smriti Karn (D6)  
Mohit Sajeevan (D9A)  
Arya Telavane (D12B)  
Phalguneshwari Borikar (D6)

## STUDENT IN-CHARGES

Archita Malgaonkar (Secretary)

## SR. DEPUTY SPORTS SECRETARY

Prathamesh Parab (D11B)  
Aaryan Raina (D15)  
Chinmay Waykole (D12C)  
Adarsh Sawant (MCA2B)  
Manju Paryani (D15)

## JR. DEPUTY SPORTS SECRETARY

Aaditya Moykhede (D10A)  
Janhavi Mhatre (D10A)  
Rajat Singh Poonia (D10B)  
Gargi Khanvilkar (D9A)  
Bhavika Chattani (D7C)

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